Getting My Covid-19 Vaccine

Social Story



Today I am getting my Covid-19 Vaccine.





The Covid-19 vaccine is a special medicine that goes in my arm to help me keep myself and others safe from getting the coronavirus.





I will be getting the vaccine at the Hospital.





When I get there, I will have to put my mask on so I can stay healthy. If I don't have one, the helpers at the hospital can give me one.





I will see other people wearing a mask too.
Some people may even be wearing goggles or a face shield. Those look cool.





Mommy or Daddy will sign my name and give the helpers at the hospital any information they need so I can get my special vaccine.





Once it's my turn, I will go to a special area of the hospital to get my vaccine. Mommy or Daddy will be with me the entire time. I can even hold their hand.





The nurse or helper at the hospital will talk to us about the vaccine so we know how to continue staying safe afterwards.





When it's time to get my vaccine, I will have to keep my arm still.

Mommy or Daddy can help me keep my arm still by holding my arm, playing my favorite game or reminding me to be a statue.





The nurse or helper will clean my arm with a cool wet cloth. That helps keep the germs away. The cloth may have a strong smell, but once it dries, the smell will go away.





When I get my special vaccine, I may feel a pinch. Mommy or Daddy, or even the Child Life Specialist can help me find ways to feel more comfortable.





After I get my vaccine, my arm may feel a little different, but the helpers at the hospital can tell Mommy or Daddy how to make it feel better.





After the vaccine, I will have to wait for 15 minutes to make sure my body is letting the vaccine work. Mommy or Daddy can put on a timer to help me know when 15 minutes are over. During this time we can play a fun game, listen to music or eat a snack.





After 15 minutes, I'm all done!





I did a great job getting my vaccine today. I was able to hold still and make safe choices.



